

Please mail this 5K registration form with your check made out to HH Museum & send to: Hammond Historical Museum PO Box 107 Hammond, NY 13646 Pre-Registration ENDS June 30th!

PRE-REGISTER & RECEIVE: FREE T-shirt AND a chance at Grand-Prize drawing for ONLY the first 100 registrants in each division. (Drawing immediately following race. Must be present to win.)

ALL PAID RUNNERS RECEIVE: Admission to Scottish Festival

Youth Division (ages 7-12) \$10 (cost after 6/30 is \$15)

Adult Division (ages 13+) \$30 (cost after 6/30 is \$35)

T-Shirt Sizes: Adults (Unisex): S, M, L, XL, 2XL Kids Youth: S (6-8), M (10-12), L (14-16)

Name: _____ Race Choice(s): _____ Age: _____ T-Shirt Size: _____

Email Address: _____ Phone (include area code): _____

Other Family Members/Participants:

Name: _____ Race Choice(s): _____ Age: _____ T-Shirt Size: _____ Cost: _____

Name: _____ Race Choice(s): _____ Age: _____ T-Shirt Size: _____ Cost: _____

Name: _____ Race Choice(s): _____ Age: _____ T-Shirt Size: _____ Cost: _____

Name: _____ Race Choice(s): _____ Age: _____ T-Shirt Size: _____ Cost: _____

Name: _____ Race Choice(s): _____ Age: _____ T-Shirt Size: _____ Cost: _____

Total Cost: _____

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Event Director, RunSignup.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition. In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver. Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

PRINT NAME _____

SIGN NAME _____

Date: _____